



TAILOR ED
FOUNDATION

Workshop series

Dates are provisional and subject to demand. Please contact us if you wish to attend: 0131 624 8970 or contact@tailoredfoundation.co.uk.

Check Facebook for up to date information.

All workshops are free and are at 11 Maritime Street, Leith, EH6 6SB (boardroom buzzer).

Introducing systems that support understanding

Monday 5th September 2011, 7-9pm and Thursday 8th September 2011, 9.30-11.30am

There are several teaching techniques and communication systems that the Tailor Ed team have found helpful in supporting a variety of daily living activities and skills. In this workshop we'll cover how to design and implement these effectively at home. We will include systems such as sand timers, visual timetables and choice boards.

Strategies to prepare for appointments (e.g. dentist, haircuts, hospital etc)

Monday 3rd October 2011, 7-9pm and Thursday 6th October 2011, 9.30-11.30am

Identify and understand the reasons why appointments can present challenges to children with autism as well as discussing some of our tried and tested methods to overcome them.

Toileting

Monday 7th November 2011, 7-9pm and Thursday 10th November 2011, 9.30-11.30am

For those who find their child is reluctant/refuses to use the toilet, or struggles with the routine surrounding this.

Working towards independent dressing

Monday 5th December 2011, 7-9pm and Thursday 8th December 2011, 9.30-11.30am

Tips and ideas on how best to organise the environment and effective prompting techniques to help your child learn how to dress them self.

Bedtime

Monday 9th January 2012, 7-9pm and Thursday 12th January 2012, 9.30-11.30am

Some suggestions on how to establish bedtime routines and help your child to go to sleep on their own.

Expanding a restricted diet

Monday 6th February 2012, 7-9pm and Thursday 9th February 2012, 9.30-11.30am

A look at various strategies for parents who are finding their child has a restricted diet and wish to expand it.



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